

PLAY IDEAS



Tug of war - one length of rope, one bandana tied in the middle, lots of kids - half on each side - and then huff, puff and pull until all the members of one side are pulled over the center line. or tumble like dominoes.

Climb a tree - be on the lookout for trees in the neighbourhood or local park. Low hanging branches, knots, rough bark and crooks can help on the way up. Stay steady and balanced. Lean out carefully, up high - enjoy the view



Leap frog - one hops over, one crouches under. How far can the frogs hop? Is it two at a time or a big hopping frog line? Did you know that in French it's called saute-mouton - leap sheep? In China it's leap goat, in the Philippines, leap cow and in India it's horse leap. Keep on leaping...

Follow the leader - an easy and fun activity where everyone can get a turn to strut their stuff and be the leader. Get ready for silly walks, marching parades, for waddling, skipping, tumbling and one-legged hopping. Lots of laughs and togetherness, simple play that's suitable for all ages.



Red light, Green light - when to stop and when to go... listening carefully, moving slow? How far back to make the starting line - 10, 50, 100 paces? Make a movement on red then it's back to the start! The round is over after everyone crosses the finish line.

Hot Lava Monster - is a playground version of the indoor 'the floor is lava' game. At the playground the equipment is safe but the ground below is hot, hot, hot. When a player touches it they're out with a sizzle. Play until there is only one player left who hasn't been engulfed by the LAVA.



HIDE AND SEEK

CAPTURE THE FLAG

KICK THE CAN

RED ROVER

GROUNDERS