

HEALTHIER FUTURES through RECREATION

RNS AT A GLANCE

Recreation Nova Scotia (RNS) is a not for profit organization dedicated to building and sustaining active healthy lifestyles and communities in Nova Scotia. RNS exists to lead, inspire and support Nova Scotians toward healthier futures through recreational experiences. Established in 1998, the Association is a central resource agency for members and stakeholders of the recreation industry. The Association provides leadership, training, and support to help meet national, provincial and local priorities. Through a diverse network of partners and extensive programs and services, RNS actively advocates accessibility and inclusiveness to recreation.

RNS has a membership of over 1000, which includes community leaders, practitioners, students, academics, elected officials, and voluntary sector organizations across Nova Scotia who are the direct providers of recreation and related opportunities at the community level.

RNS'S 5 STRATEGIC DIRECTIONS

Delivery System; Social Marketing; Healthy Lifestyles; Barrier Reduction; Trends

MISSION STATEMENT

Recreation Nova Scotia inspires and supports a diverse and comprehensive network of partners committed to addressing the recreation needs of all Nova Scotians, through provision of leadership and a strong provincial voice.

RNS BOARD OF DIRECTORS:

President Max Chauvin, Dartmouth Sportsplex

Vice President of Finance Alison Burrell, TD Bank

Vice President of Monitoring Doug MacKenzie, Town of Truro

Past President Sheila Fougere, Volunteer

Recording Officer Sandra Fraser, NS Dept. of Natural Resources

Director at Large (1 year)

Andrea Gaudet, Municipality of Clare

Director at Large (1 year) Philip Hochman, Municipality Of the District of

Guysborough Recreation Services

Director at large (2 years) Gregory MacArthur, Town of Truro

Director at large (2 years)

Aron Ashton, Cape Breton District Health Authority

Director at Large (Student Representative) Alex Atkinson, Acadia University

Recreation Nova Scotia Staff (ex officio) Rhonda Lemire, Executive Director

MESSAGE FROM THE PRESIDENT AND EXECUTIVE DIRECTOR

Max Chauvin and Rhonda Lemire

Our past year's accomplishments would not have been realized without the involvement of our members and we appreciate your continued support, engagement, volunteer commitment and thoughtful advice. Thank you for responding to surveys and attending meetings to share your opinions. A huge thank you also goes to all the members of the RNS staff team who have shown tremendous dedication and commitment to their workplace and all of its efforts. RNS board members have been diligent this year in strategically identifying their priorities and ensuring the sector is well-represented.

Our strong membership continues to receive support from RNS including educational opportunities, advocacy on behalf of the sector, information sharing, sector trends and networking opportunities. RNS has continued their long-standing relationship with the Department of Health and Wellness and appreciates that support and partnership. This year, we worked with their staff to provide input to the Thrive! Childhood Obesity Prevention Strategy, the Mental Health Strategy and a provincial coaching plan. We've also worked with staff to ensure that Nova Scotia had a tremendous presence at the National Recreation Summit in Lake Louise in October 2011. Those involved are continuing their work to ensure that NS adopts a Provincial Recreation Policy. RNS has also been strengthening their relationship with the Union of Nova Scotia Municipalities.

RNS is excited to see action from the resolution passed at the last AGM around the Outdoor Network. The Network has been 'adopted' by the office and plans are shaping up to strengthen the ties with all that is recreational in the outdoors. RNS is also busy working on a new website and links to social media.

RNS is working with other Associations to plan an Atlantic Recreation and Facility Conference to happen in the spring 2014. Stay tuned!

Have fun! Rhonda and Max

RNS STAFF:

Executive Director Rhonda Lemire

Bookkeeper Christa Schaffhauser

Program Manager John Glynn-Morris

HIGH FIVE® Coordinator Debbie Bauld

HIGH FIVE® Officer Linda Donnelly

Fund Dev and Marketing Officer Bev Mahon

PVA Coordinator Michelle Richard

Program Assistant/Summer Student

A YEAR IN REVIEW

The **June is Recreation Month** launch included CTV Morning Live's Cyril Lunney kayaking in the Shubenacadie River.

The **Take The Roof Off Winter** launch featured snowshoeing in NS parks.

Lucky Duck Lotto saw over 120 schools, daycares, clubs, and community groups participating this year, raising more than \$60,000 for their programs and services.

Over the past 3 years, more than 110 youth-initiated physical activity challenges have been funded through **SOGO** Active.

"Recreation: The Power and the Potential" was the theme of RNS's **14th Annual Conference & Trade Show** held October 11th-14th, 2011 at the Digby Pines Golf Resort and Spa.

The **Recreation for All Association** board is currently recruiting new board members and volunteers to create a business plan.

RNS Awards were presented to 9 individuals or groups including Honorary Life Membership Award to Philip Hochman

Provincial Awards Ceremony:

RNS coordinated the **38th Annual Provincial Volunteer Awards Ceremony & Luncheon** with over 320 guests including mayors, wardens, and family members.

RNS continues to offer a General Liability Insurance Program to over 100 organizations.

HIGH FIVE[®] continues to grow and thrive in Nova Scotia as organizations realize the benefits of Canada's only comprehensive quality standard for children's sport and recreation programs.

In helping to strengthen the voluntary sector, RNS produced a series of **Online Board Governance** informative videos.

The **Outdoor Network** will strengthen and build the outdoor community by connecting people, resources, opportunities, organization, spaces, and self-propelled outdoor recreation activities through an online hub and provincial events

The **Gender Equity Forum** took place on March 31st, 2012 at Citadel High School with approximately 100 attendees.

This year, 8 **Move More** courses and 3 leader training sessions were offered in First Nations communities and care facilities.

FUNDERS & COMMERCIAL CONTRIBUTORS

Conference Sponsors:

Municipality of Digby, Town of Digby, The Printer, Fundy Textile & Design Ltd., dma Planning & Management Services, Doctors Nova Scotia, Halifax Regional Municipality, Exp., SUBWAY®, WHW Architects Inc., Support4Sport, MacDonald Chisholm Trask Insurance, Nova Scotia Department of Health and Wellness

Program Funders:

Government of Nova Scotia, SUBWAY®, Nova Scotia Egg Producers, Mountain Equipment Co-op, Sage Environmental Program, ParticipACTION, Insurance Bureau of Canada, Voluntary Sector Professional Capacity Trust.

REPORT FROM THE VICE PRESIDENT, FINANCE

Fiscal Year April 1, 2011 to March 31, 2012

I am pleased to present Recreation Nova Scotia's Audited Financial Statements and Management Report.

- RNS ended fiscal 2012 with a surplus of \$539 as detailed in the Auditor's Report dated August 25, 2012.
- Audited Financial Statements reflect a twelve month period.
- 2011 statements reflect a nine month period and need to be sensitized to provide an accurate year over year comparison.
- As a result of audit findings, the Executive Director and the Board will apply the recommendations made by Troy Mason in the Management Report to ensure internal controls are in place for payroll processing and cash collection.
- Audit results were satisfactory and no difficulties were noted.
- RNS continues to modify its work plan and direction to find new, creative ways to promote healthy lifestyles and to ensure that high quality recreation and leisure activities are being delivered in communities throughout the province.

A sincere thank you is extended to our network of partners and dedicated volunteers who assist in the promotion and delivery of our services. Without their collective efforts, expertise, funds and inspiration RNS would not be able to address the recreation needs of all Nova Scotians. Many thanks to all RNS Board Members, Staff and the Executive Director, Rhonda Lemire, for their continued support.

Sincerely, Alison Burrell Vice President, Finance

RECREATION NOVA SCOTIA STATEMENT OF REVENUE AND EXPENSES

For The Year Ended March 31 2012

(With Comparative Amounts For The Nine Months Ended March 31)

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REVENUE	2012	2011
Delivery service income	\$294,177	243,504
Healthy lifestyle income	68,871	81,236
Other general income	126,782	90,431
Trends income		6,000
	495,830	415,171
Cost of goods sold	14,500	11,101
	481,330	404,070
EXPENSES		
Delivery service	210,159	181,320
Healthy lifestyle	39,287	51,050
Other general expense	225,288	171,028
Trends		6,057
	480,791	403,398
Excess of revenue	\$539	\$672
over expenses		

RECREATION NOVA SCOTIA STATEMENT OF FINANCIAL POSITION

For The Year Ended March 31 2012

ASSETS	2012	2011
Current		
Cash	\$182,847	56,021
Accounts receivable	18,164	28,940
Inventory	16,182	21,110
Prepaid expenses	3,370	8,888
	220,563	114,959
Restricted cash		
Regional Volunteer Network		15,839
James Bayer Fund	5,332	7,332
·	5,332	23,171
Equipment	1,172	1,675
	\$227,067	\$139,805

LIABILITIES

Current

Current		
Accounts payable and ac	crued liabilities	S
	\$38,882	\$19,992
Deferred revenue	109,699	24,027
	148,581	44,019
Net assets		
Regional Volunteer Network		15,839
James Bayer Fund	5,332	7,332
General Fund	73,154	72,615
	78,486	95,786
	\$227,067	\$139,805