

## Exercise Your Rights!

### Voice to your elected official and Member of Parliament our need for a Children's Community Recreation Infrastructure Fund!

Recreation Nova Scotia is advocating for the development of a national fund to support the development of community recreation facilities. Our national partner, The Canadian Parks and Recreation Association (CPRA) has been working in partnership with Federation of Canadian Municipalities (FCM) and the National Children's Alliance (NCA) in the development of a FCM Federal Budget Proposal for the establishment of a *National Children's Infrastructure and Community Engagement Fund*.

The growing Canadian consensus on the need for competitive cities and strong communities was echoed in September's Speech from the Throne and in the Prime Minister's response the following day. Federal acknowledgement that the health of our communities is a national concern marked a significant new development in ongoing efforts by Canada's municipal governments to strike a new intergovernmental framework, supportive of this goal. The pressing nature of the

issues faced by municipal governments requires that the government of Canada now develop a detailed plan to turn those sentiments into action. The upcoming federal budget will provide that opportunity.

*"Canadian consensus on the need for competitive cities and strong communities was echoed in September's Speech from the Throne and in the Prime Minister's response."*

#### Here are some of the ways this Fund could impact municipalities and communities

If we're successful, there would be a significant investment in infrastructure for the development and maintenance of non-exclusive community play, recreation spaces and facilities and family oriented community centers. The proposal asks for \$300 million over three years (to be increased to up to \$750 million depending on take-

up.) A portion of the funds would be allocated to pilot programs for community engagement in recreation and development opportunities associated with the spaces and facilities.

#### What you can do to advocate for the development of the fund

An advocacy strategy, targeted at elected officials, provincial/territorial federations and unions of municipalities, Members of Parliament, provincial/territorial governments and the Inter-provincial Sport and Recreation Council, has been developed to create political awareness and support for this Proposal. We are looking to RNS members and other interested parties to implement the strategy at their respective levels. A copy of the *CPRA Advocacy Strategy for the proposed FCM Children's Infrastructure Program and Community Engagement Fund* is available on the RNS web site at [www.recreationns.ns.ca](http://www.recreationns.ns.ca) or by calling RNS at 425-1128.

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## Message From the President ~ Policy Governance 2002 ~

~ By Norma MacLean, President, Recreation Nova Scotia

Let me begin by expressing my appreciation to all members for this opportunity to serve as RNS President. I am looking forward to working with the Board and the membership towards achieving some concrete results over the next year.

Our membership is diverse, dedicated, passionate and proud of the work done at the community, regional, provincial and national level. Let's commit to showing others how proud we are of the work we do to build healthier communities by sharing our gifts, skills, and talents and spreading the news of our successes and accomplishments with others across Nova Scotia. Recreation is more than programs and facilities -

its about developing people and empowering them to succeed. As Bill Strickland, CEO of the Bidwell Training Centre, once said, "Recreation professionals and volunteers are the *Custodians of The Human Spirit.*" I believe we are well positioned to champion the issues facing the recreation sector in Nova Scotia for several reasons:

- ☞ We are working strategically, cooperatively and collaboratively with our members, our partners and the allied fields.
- ☞ The Active Kids Healthy Kids strategy has been adopted by the provincial government.
- ☞ The new Office of Health Promotion demonstrates the government's commitment to address chronic disease prevention and preventive health care.
- ☞ People are connected through

email, web sites, and coalitions - making it easy to disseminate advocacy strategies and background information.

The RNS Board is committed to allocating more resources to influence public policy and decision making. We are the "keeper of the vision" and I invite you to share your thoughts and issues with us. To that end, the Board will hold Meet and Greet and educational sessions in conjunction with our business meetings, taking place throughout the province in January, March, June, September and November.

The recreation and leisure sector is about connecting people, maximizing personal growth and community development. I challenge you in 2003 to make it your responsibility to be a *custodian of the human spirit* and to be a *keeper of the vision.*

## RNS Launches 23rd Year of Its Lucky Duck Lotto



RNS is pleased to launch another *Lucky Duck Lotto* in support of community-based groups across Nova Scotia. This lottery is one of our province's largest recreation fund-raising lotteries, and has helped support youth centers, seniors clubs, parent- teacher associations, drama clubs, and various sport teams. In the past, these funds have been used by groups and organizations to build playgrounds, send underprivileged children to summer camp, host volunteer recognition ceremonies,

support the cost of travel for sports teams and to assist with the purchase of uniforms and equipment. Last year over 180 community groups participated in the Lucky Duck Lotto selling 100,000 tickets. In total, \$70,000 was raised for these organizations.

### WHO CAN SELL TICKETS?

Any community organization like school clubs, sport teams, theatre groups, choirs, garden clubs, any non profit group can sell.

### WHAT DOES RECREATION NS DO?

RNS supplies the tickets, prizes and does the administration of the lottery.

### WHEN IS THE SELLING PERIOD?

The selling period is from February 15, 2003 - April 25, 2003, with the draws taking place on May 9, 2003.

### WHAT DOES THE GROUP DO?

All you do is sell the tickets. There is no cost to the group what so ever. The community group keeps 70% of all ticket revenue -30% is returned to RNS to cover administration costs, and the prizes.

### FOR MORE INFORMATION CALL:

Recreation Nova Scotia at (902) 425-1128 or fax (902) 422-8201 or email [rns@sportns.ns.ca](mailto:rns@sportns.ns.ca).

## James Bayer Golf Tournament - a Real FUNraiser!

The 2002 James Bayer Tournament Committee would like to thank all 124 participants and sponsors who made this year's tournament a great success. The tournament was first developed to raise money for the James Bayer Bursary but has evolved into much, much more. It gives our members and sponsors an opportunity to get together, have fun and reflect on the impact that James Bayer has had on our profession and the recreation sector.

The plans and goals for the 2003 event were established at a recent Committee meeting. The four-person team scramble, the regional competition and the four divisions will be offered again in 2003. The priority will be for our members and sponsors to network, enjoy the competition and have a great time.

Last year the tournament was 20 people short of being sold out but

### James Bayer Bursary Program

### Supporting the Pursuit and Development of Recreation Sector

The Aim of the James Bayer Bursary is to provide members of Recreation Nova Scotia with financial assistance to pursue development opportunities, related to the field of recreation. Each bursary is valued up to a maximum of \$500 per year.

One bursary is awarded in each category annually. The successful applicant(s) may receive part or the full amount of the award. To qualify you must be - a full time



(L-R) Clifford Boudreau, Banquet Sponsor, Minister Rodney MacDonald  
John Cotton (Banquet Sponsor)  
Bob Suffron (RNS VP Management)

we are confident that the 2003 James Bayer Tournament will be full.

Keep **September 16, 2003** open on your schedule and register early. To sponsors and to RNS members who would like to be involved, please call the office. We are always in need of more help. Let's continue to make this event a priority in our busy schedules.

student who is a member in good standing with Recreation Nova Scotia or an individual (excluding students) who is a member in good standing with Recreation Nova Scotia.

All training programs, practical research projects, seminars, conferences and study tours will be acceptable. Educational degree programs are not usually acceptable. The bursary will be awarded based on the merit of the



Recreation Nova Scotia gratefully acknowledges and thanks the following companies and organizations for their support of this year's Tournament:

#### HOLE SPONSORS

- ☆ Halifax Regional Municipality
- ☆ Valley Recreation Coordinators/Directors Assn.
- ☆ Yarmouth/ Shelburne Recreation Assn.
- ☆ Lunenburg/ Queens Recreation Assn.
- ☆ Nova Scotia Sport and Recreation Commission
- ☆ Recreation Nova Scotia
- ☆ CIMCO
- ☆ Hamish, Bruce, Shupe Chartered Accountants
- ☆ Henderson Recreation Equipment Limited
- ☆ Dooley's
- ☆ Little Tikes
- ☆ Sport Nova Scotia
- ☆ 3M Fair Play

#### BANQUET SPONSOR

- ☆ Cape Breton Recreation and Tourism Directors

applicant's proposed development program.

The deadline for 2003 applications is:  
**May 30, 2003**

For further information contact Recreation Nova Scotia, or visit the RNS web site at the following address: [www.recreationns.ns.ca](http://www.recreationns.ns.ca).

## Power of Recreation Conference

~ By the members of the 2002 Conference Committee: Frank Grant, Emile Babin, Bob Powell, Norm Amirault, Danielle Amirault, Peter McCracken, Doug Branscombe, Jeff Gushue and Ray Green.

Your 2002 RNS Conference Committee would like to thank all of the delegates that showed us the **Power of Recreation**. The 2002 RNS Conference was held October 24-26 in Yarmouth, Nova Scotia . More than 210 delegates, over 60 speakers and 35 exhibitors came together in the spirit of Recreation and Leisure. The excitement was evident as delegates converged on Yarmouth.

There were many highlights over the three days. We got off to a wonderful start with the annual Regional Extreme Games, hosted by Glow Promotions. Delegates had an opportunity to dance, mix and socialize with old and new friends and compete in the Glow Promotions Olympics. Congratulations to The Fundy Fools for winning the 3<sup>rd</sup> Annual Regional Games.

What would a conference be without great sessions! A variety of interesting and educational

sessions were held throughout the conference. How about our keynote speaker - Mike Sutton? As your evaluation forms state, the speaker was fantastic, inspiring, motivating, and totally amazing. The new "Personal Wellness" stream and networking opportunities with students were a huge success and will be offered again in 2003.

The Recreation Nova Scotia Awards Ceremony and Luncheon was superb! It is always uplifting to see volunteers, community groups and professionals recognized for their hard work. Congratulations to Bud Brown, the recipient of the 2002 Professional Achievement Award, and Chedabucto Place, recipient of the 2002 Mayflower Community Cooperation Award.

Thank you to all of the Yarmouth and area businesses that contributed to the delegates' kits, and this year's Tradeshow



(L-R) Philip Hochman, Lloyd Hines (accepting the Mayflower Community Cooperation Award for Chedabucto Place) Bud Brown (recipient of the Professional Achievement Award) John MacLean (recipient of the Past President's Award) Rick Gilbert, Past President and Norma MacLean, RNS President pose for this group photo.

exhibitors for their support of the association. Lots of learning took place, lots of fun was had, and a whole lot of laughter was heard throughout the conference. To the delegates – your spirit, support, and enthusiasm are top notch.

**Keep Charting The Course!**  
We look forward to seeing all of you at next year's Conference slated for November 13 - 15, 2003 at Oak Island Resort and Spa, Lunenburg County.



The Fundy Fools were the winners of the 2002 Extreme Games competition. Congratulations!



Registration for the RNS Conference grows annually. Mark the dates for the 2003 event on your calendar today. - November 13 - 15, 2003.

## HIGH FIVE – Guide to Best Practices

Do you have assurance that your recreation and sport policies are effective?

Has your organization minimized risk and maximized safety?

Many people say that what you do is more important than what you say. But written policies and procedures are a necessity when you want current practices to reflect your organization’s philosophy and goals. Policies and procedures enable us to operate according to basic and uniform standards.

**The HIGH FIVE Guide to Best Practices** is a practical resource created by HIGH FIVE to help your organization design, write and implement policies and procedures that support healthy child development. All recreation and sport programs have a responsibility to provide programs where children feel safe, welcome, competent, connected, empowered and special! Using a simple five-step process, **The HIGH FIVE Guide to Best Practices** will help you create and maintain programs and environments that have a “child-first” focus and... **it will save you time and money!**

**Your organization can purchase The HIGH FIVE Guide to Best Practices right now! Copies are available from the Recreation Nova Scotia office for the cost of \$125.00 for RNS members and \$147.00 for non-members.**



*Participants at the Principles of the Healthy Child Development Course show off their hat creations.*

**RESOURCES** like “**The Guide to Best Practices**” are only one component of the HIGH FIVE Quality Assurance System. HIGH FIVE also uses **TRAINING** to teach staff and volunteers about the Principles of Healthy Child Development, **TOOLS** to measure program quality and **PUBLIC EDUCATION** to assist parents in making quality sport and recreation choices for their children.

In January 2002, Recreation Nova Scotia began a two-year pilot of the HIGH FIVE System in Nova Scotia in six demonstration sites across the province. These community organizations have been busy training their sport and recreation staff and volunteers in the Principles of Healthy Child Development, assessing their programs to determine quality levels and educating parents about

what quality sport and recreation really looks and feels like . To date, **over 500** front line leaders and coaches have been trained in the Principles of Healthy Child Development and **more than 6000 children** are participating in programs supported by the HIGH FIVE System. So far practitioners are telling us that HIGH FIVE really does make a difference in improving program quality!

HIGH FIVE is **the only Quality Assurance System in North America** designed specifically for children’s sport and recreation programs! If you would like to know more about HIGH FIVE in Nova Scotia or about the many other HIGH FIVE resources designed to help families, coaches, leaders and practitioners build quality recreation and sport programs for children, contact Recreation Nova Scotia.

## THANK YOU 2002 RNS Conference Exhibitors

We thank all of our exhibitors for their tremendous support of Conference 2002 and invite you to find out more about the following exhibitors' products and services. CLIP WITH CONFIDENCE  
- Cut this insert out and use it with confidence the next time you go out to tender.

**Practica Ltd.**

Henry Strubin  
Tel: 905-690-3631 Fax: 905-690-3874

**Lifesaving Society**

Pat Mombourquette  
Tel: 425-5450 Fax: 425-5606

**Environova Planning Group Inc.**

Stan Kochanoff  
Tel: 832-5263 Fax: 835-0134

**MFI Advertising Specialists**

Patti Watson  
Tel: 584-2252 Fax: 584-2262

**Girl Guides of Canada**

Lori Boudreau  
Tel: 423-3735 Fax: 423-5347

**Katimavik**

Rachel Robichaud  
Tel: 506-859-0162 Fax: 506-859-4322

**Event Systems Rentals**

Dana Sceerey  
Tel: 538-0194 Fax: 538-0194 (call)

**Recreation Facilities Assn of NS**

Bill Cruikshank  
Tel: 425-5450 Fax: 425-5606

**Coyle and Greer Awards**

Brian Doherty  
Tel: 435-1919 Fax: 435-5607

**Fireworks F/X Inc.**

Richard Curry  
Tel: 542-2292 Fax: 542-1445

**Dalhousie University**

Heidi Tracey Baillie  
Tel: 494-3809 Fax: 494-5120

**Belair Recreational Products Inc.**

R. Todd Hickman  
Tel: 800-387-6318 Fax: 519-442

**Timbertec Inc.**

Brad White  
Tel: 679-1020

**Cimco Refrigeration**

Derek Hawes  
Tel: 469-0023 Fax: 465-5239

**The Duke of Edinburgh's Award**

Bonnie Baltzer  
Tel: 847-0927 Fax: 847-0927

**Glow Promotions**

Dave O'Conner  
Tel: 443-4569 Fax: 443-4558

**Atlantic Gym and Sports**

Jacques LeCouffe  
Tel: 506-857-9939 Fax: 857-9940

**Ven-Rez Products Ltd.**

Roger West  
Tel: 875-3178 Fax: 875-3371

**Henderson Recreation Equipment**

Vicky Henderson/Joe Nicholson  
Tel: 519-426-9380 Fax: 426-1132

**Canadian Intramural Recreation Assn.**

Jen Skuffham  
Tel: 585-1828 Fax: 585-1084

**Musco Sports Lighting**

Don Keenan  
Tel: 800-711-3549 Fax: 905-469-2379

**Centaur Products Inc.**

Stewart Cormack  
Tel: 832-2200 Fax: 832-2151

**N S Sport & Recreation Commission**

Barbara Klass  
Tel: 424-7658 Fax: 424-0520

**Cleve's Sporting Goods**

Roselene Boutillier  
Tel: 468-6520 Fax: 468-2002

**Atlantic Chemical and Aquatics Inc.**

Bruce Stailing  
Tel: 835-5884 Fax: 835-6055

**The Canadian Red Cross Society**

Carrie Ramsay  
Tel: 424-1445 Fax: 422-6247

**Nova Scotia Badminton Association**

Michelle Hayward  
Tel: 530-3085 Fax: 543-7460

**Eastern Fence Erectors**

Joanne Muise  
Tel: 468-2488 Fax: 468-3773

**Little Tikes Commercial Play Systems**

Scott O'Reilly  
Tel: 471-1415 Fax: 463-9839

**Active Living Alliance for  
Canadians with a Disability**

Tel: 425-1128 Fax: 422-8201

**Spartan Athletic Products Limited**

John Lewis  
Tel: 860-1545 Fax: 860-1993

**T&S Nova Manufacturing**

Steven Benison  
Tel: 662-2441 Fax: 568-2469

**Falls Prevention Program**

George McKiel  
Tel: 764-2090 Fax: 766-0319

## 2004 CPRA Conference to be held in Halifax

The 2004 National Parks and Recreation Conference and Tradeshow is coming to Halifax October 20 -24, 2004. "This event, a partnership between RNS, Halifax Regional Municipality, and The Canadian Parks and Recreation Association is expected to attract over 600 delegates from across Canada," says Karen MacTavish, General Manager, HRM Recreation Department. Canada's 2004 National Parks and Recreation Conference and Trade Show will offer professional and business development opportunities to: Recreation Programmers and Directors, Youth Serving Organizations, Elected Officials, Volunteers, Community Development Officers, Students, Parks Professionals and Professionals from Allied Sectors (i.e., Health, Education, Crime Prevention, Tourism.)

This four-day conference will offer **Pre-Conference Institutes, outstanding Keynotes, Mobile Workshops, and Concurrent sessions.** They will inspire, provide opportunities for exchange of knowledge and offer practical and innovative solutions. The **Trade Show** will showcase over 70 exhibitors from across North America and will be a key business development opportunity that will allow you to meet with leading suppliers from the parks and recreation industry. Planned **Social Events and Networking Opportunities** will be scheduled each day. The 2004 Nova Scotia Conference Steering Committee is actively seeking interested and qualified volunteers to be part of the team. Positions are open but not limited to Program, Entertainment, On Site logistics,



(L-R) Paul D'Eon, Joan McDonnell, Dawn Stegen, Bob Suffron, Norma MacLean, Karen MacTavish and Bob Nauss are the members of your HRM/RNS Bid Committee for the 2004 National Parks and Recreation Conference and Trade Show.

Volunteer Management, and Children's and Partner's program.

The Casino Nova Scotia Hotel located in Historic Properties will be the site of the 2004 Conference and Trade Show. For further information, please contact Karen MacTavish at 902-490-4734 or email Karen at [mactavk@region.halifax.ns.ca](mailto:mactavk@region.halifax.ns.ca).

## Annual General Meeting Elects 2003 Board of Directors

Recreation Nova Scotia is stronger by the efforts of hundreds of volunteers province wide. It is with pleasure and thanks that we welcome the 2003 roster of Directors!

**President**

Norma MacLean  
Halifax Regional Municipality

**Past President**

Rick Gilbert  
NS Youth Secretariat

**President Elect**

Bob Suffron  
Municipality of the County of Kings

**Vice President Board Development**

Dianne Paquet  
Burchell MacDougall Law Firm, Truro

**Vice President Finance**

Myrtle Corkum  
Nova Scotia Hospital Foundation

**Director At Large (1 Year)**

Joan McDonnell  
Halifax Regional Municipality

**Director At Large (1 Year)**

Ida Scott  
Resident, Town of Lunenburg

**Director At Large (2 Years)**

Jack Porter  
Univ. College of Cape Breton

**Director At Large (2 Years)**

Frank Bruleigh  
Cape Breton Regional Municipality

**Recording Officer**

Rae Gunn  
Town of Pictou



2003 Recreation Nova Scotia Board of Directors

**Director At Large (Student)**

Jackie Onescu  
Acadia University

**Ex Officiis:**

**CPRA Atlantic Representative**

Jill Brewer  
City of St. John's

**NSSRC**

Carol Davis-Jamieson  
**Recreation Nova Scotia**  
Dawn Stegen  
Executive Director

# RECREATION MATTERS

THANK YOU...RNS gratefully acknowledges and thanks the Nova Scotia Sport and Recreation Commission for their generous financial support.



## 2003 Schedule of Events Be Sure to Mark these Dates on Your Calendar

DATE	EVENT
January 30 - 31	RNS Board of Directors meeting - Halifax
January 30	RNS Membership Workshop - <i>The Resolutions Process</i>
February 3-8	New Waterford Coal Bowl Classic
February 15	Lucky Duck Lotto Begins
March 17	Deadline: Provincial Volunteer Award Submissions
March 21-22	Municipal Recreation Seminar (NSSRC)
April 23	Provincial Volunteer Awards Ceremony, Halifax
April 27 - May 3	National Volunteer Week
May 9	Lucky Duck Lotto Draw
May 1-3	SportsFair, Dalplex
May 7-8	Spring Symposium 2003: The Changing Face of Recreation
May 30	Deadline: RNS Awards and Bursary Submissions
June 28 -July 3	Active Living Alliance Youth Exchange
September 16	James Bayer Bursary Golf Tournament
October 1 - 4	National CPRA Conference, Montreal
November 13-15	RNS Conference and Tradeshow, Oak Island Resort
November 15	RNS Awards Ceremony
November 16	RNS Annual General Meeting
November 26 - 28	Atlantic Canada Recreation Managers' Forum, Moncton

### Exercise Your Rights

(Continued from page 1)

#### Action taken today can make a difference!

Our window of opportunity to influence decision-makers to support the FCM National Children's Infrastructure Program and Community Engagement Fund is short. Communications with key decision-makers will need to take place beginning immediately. The Federal Budget will be out by mid February and therefore, our opportunity to advocate for the Fund is now.

We encourage you to voice your support for the Children's Social Infrastructure Program. We ask that you use the prepared letters and documents to contact your local Members of Parliament, Council and key provincial government officials. Share your concern and comments and show that you support this important Initiative.



HEALTHIER FUTURES through RECREATION

#### Recreation Nova Scotia

Join Us Today!

5516 Spring Garden Rd., Suite 312  
Halifax, NS, B3J 1G6

P: (902) 425-1128 F: (902) 422-8201

E: rns@sportns.ns.ca

#### MEMBERSHIP FEES:

Student	\$ 35.00
Affiliate: Individual	\$ 15.00
Affiliate: Group	\$ 25.00
Full: Individual	\$ 70.00
Full: Group	\$ 80.00
Corporate	\$130.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov: \_\_\_\_\_

P Code: \_\_\_\_\_ Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_