



# ***Recreation***

NOVA SCOTIA

## **2001-2002 Annual Report**

**HEALTHIER FUTURES *through* RECREATION**

# Recreation Nova Scotia Vision Statement

The Vision of Recreation Nova Scotia is that people in Nova Scotia experience and enjoy the benefits of recreation.

## We Believe:

That as adopted by the National Recreation Statement (1987), recreation is defined as “all those things that a person or group chooses to do in order to make their leisure time more interesting, more enjoyable and more personally satisfying”; and that recreation is an essential component of the quality of life and community building in Nova Scotia and must be valued and supported as a key partner in the fabric of human services in the province.

## Mission Statement

Recreation Nova Scotia exists to lead all Nova Scotians and communities toward healthier futures through advocacy and services that promote the values and benefits of recreation.

As a result:

- Leisure lifestyle behaviors of Nova Scotians will be improved.
- Policy and decision making in the province of Nova Scotia will positively affect the ability of recreation to build healthier futures.
- Volunteers, students and recreation professionals will have renewed vitality and increased capacity to build healthy sustainable communities.
- There will be increased leisure opportunities accessible to all Nova Scotians.

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# Recreation Nova Scotia

## Board of Directors

**October 2001 – October 2002**

President	Rick Glibert
President Elect	Norma MacLean
Vice President of Finance	Myrtle Corkum
Vice President of Management	Bob Suffron
Past President	John MacLean
Director at Large (1 year)	Joan McDonell
Director at Large (1 year)	Rae Gunn
Director at Large (2 years)	Dianne Paquet
Director at Large (2 years)	Jack Porter
Director at Large (Student Representative)	Greg Dent
Nova Scotia Sport and Recreation Commission Liaison	Tony Martin Carol Davis Jamieson
Canadian Parks and Recreation Association, Atlantic Rep.	Kelcy Kuhn
Recreation Nova Scotia Staff	Dawn Stegen

## Recreation Nova Scotia Staff

**2001-2002**

Executive Director	Dawn Stegen
Office Coordinator	Bernie Jollie
Accessibility Officer to Nov 2001	Camille Vokey
Accessibility Officer to March 2002	Damion Stapleton
HIGH FIVE Coordinator (starting Jan. 2002)	Debbie Bauld

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# Report of the President

It has been my privilege to serve as your president for the past year. I have enjoyed working with the dedicated Board members that you elected a year ago and with the talented staff that keep our organization moving forward from year to year. The following represent some of the highlights of our work on your behalf.

Our first priority was to complete the Policy Governance approach that the organization had begun as directed by members at the inaugural Annual General Meeting. This was tedious but often rewarding work, as important questions related to the way the Board itself works, our relationship with our Executive Director and the limitations placed on her were debated and clarified. The four ends statements determined by a previous Board were still considered to be relevant to the organization and therefore were not changed. The Board, as the “keeper of the vision” for the organization, is now able to focus its energy and expertise on the big picture and the long term, leaving staff to manage the association with clearly defined expectations.

A new initiative of the Board this year was to hold our meetings across the province and host a “meet and greet” with RNS members. We utilized this time to share information on relevant programs and issues, and as an opportunity for the Board and members to get to know each other better. If we are to continue to be relevant within our evolving field, keeping in touch with our members will be an essential element of Board work.

Another important “housekeeping” item was to establish a new salary scale for the RNS Executive Director position. The scale is based on compensation levels for work of a similar nature within the Government of Nova Scotia and positions us to provide fair and competitive remuneration for the Executive Director.

Recreation Nova Scotia continued to build its profile as a leader in the recreation field both within the province and on the national stage. An enhanced advocacy program was a major component of our leadership, leading us to play a significant role in developing the Physically Active Children and Youth (PACY) strategy; continuing to advocate for strong representation of recreation in the Canadian Sport Policy; lending support

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to a national effort to ensure that the costs of recreation participation are included in a new method of determining the poverty level in Canada (the Market Basket Measure); and continuing to advocate for community use of schools. Another major advocacy initiative was in supporting and attempting to improve the *Volunteer Protection Act* that was passed by the provincial government during the past year. In addition, Dawn Stegen continued to work on national committees addressing the Canadian Sport Policy and Children and Youth Living in Poverty and I joined a national committee addressing the question of a nation vision and agenda for parks and recreation under the auspices of the Provincial-Territorial Partners group.

During the past year we continued to make progress towards the achievement of all RNS ends statements. The advocacy work previously mentioned helped to shape public policy. We have undertaken a number of initiatives that have helped to build capacity within recreation volunteers, professionals and organizations. Through HIGH FIVE and in many other ways we have taken steps to improve leisure lifestyles and achieve healthier futures for all Nova Scotians. I believe that your Board is well positioned to build on work accomplished over the past year and with your support we will continue to make head-way towards realizing our ends.

Finally, I would like to offer my thanks to the members of the Board for their dedication and support over the past year. It was a busy year that saw several Policy Governance workshops scheduled in addition to the regular Board and committee meetings. Attendance at all meetings was excellent and all members were fully engaged with our work. I also want to thank Dawn Stegen for her inspired leadership as Executive Director. She combines hard work, clear vision, intelligence and devotion to achieve a management of the organization that is both effective and efficient. I continue to believe that Recreation Nova Scotia is a strong and vibrant organization, well positioned to “lead all Nova Scotians and communities toward healthier futures.” It has indeed been a pleasure to work with the RNS board and staff and I am honoured to have had the opportunity to serve as your President.

Respectfully submitted,  
Rick Gilbert  
President

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# Report of the Executive Director

This has been an exceptional year for Recreation Nova Scotia (RNS). We have much to celebrate.

The RNS volunteer committees and Provincial Office Staff continue to work towards the ends statements while supporting the four core services of the association.

- **Advocacy**
- **Networking**
- **Resource Brokering**
- **Education and Training**

RNS is recognized at many provincial tables as a leader in community development. The work of RNS, our members and partners, is acknowledged as an integral part of the solution in addressing societal issues facing our province, our communities and our citizens. It is at these tables that we have opportunity to profile the great work of the field and highlight the many benefits our citizens receive from our service delivery.

We have continued to enhance and build strategic partnerships with the voluntary sector, the health sector, government, universities, community services, sport, the business community, and many regional and community based associations in and around the field of parks and recreation.

We have made great stride in many areas. We have:

- continued to grow and develop our provincial conference and trade show working in cooperation with our regional partners and members.
- engaged more members in the work of the Association through our many committees.

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- advocated to government and other key stakeholders on key issues and challenges facing our field such as the National Sport Policy, Children Youth and Poverty, Community Use of Schools, and the benefits of recreation for all Nova Scotians.
  - advanced our work on the areas of accessible recreation, social marketing, education and training, quality assurance, leadership development, and research.

RNS is an open, effective, accountable, and responsive partner, committed to working together to strengthen our communities. RNS continues to position the association to be more vital and strong for its members and the field. We have spent the last four years positioning and realigning the organization for the future. We will continue to be open to new and more effective ways of working together to strengthen our networks and advance the work of the Association.

In closing, I would like to recognize and thank the RNS Board of Directors, the Provincial Office Staff, and our volunteer committees for their dedication and commitment. I look forward to another year of working with you. Let us continue working and playing together, strengthening Nova Scotians and their communities to live better and happier lives.

Respectfully submitted,  
Dawn Stegen  
Executive Director

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# Report from the Vice-President, Finance

## Fiscal Year Ending March 31, 2002

I am pleased to report for the fiscal year ending March 31, 2002, Recreation Nova Scotia has achieved a small excess of revenues over expenses and, that, after what we could term the most active year on record for the organization.

Much time and effort by our Executive Director has gone into not only identifying and developing outstanding programs for RNS, and for Nova Scotians in general, but considerable work has been done to acquire increased funding for our programs and services, in particular, from the Nova Scotia Sport and Recreation Commission.

Fiscal Year 2001/2002 shows an increase of more than 27% in funding over the previous Fiscal Year, the majority of which can be attributed to the introduction of HIGH FIVE to Nova Scotia. The Statement of Revenue and Expenditures further shows slight increases in revenues in the areas of Fundraising, Program, Interest and Other Income. These increases in revenue serve as a good sign to RNS Members that the organization is changing and evolving to meet the recreation needs of all Nova Scotians.

Just as our Revenues have increased, so, too, have the Expenditures for RNS. As the Board strives to respond to its stakeholders, additional professional time must be contracted to deliver the programs and services that are so vital to the growth and development of recreation in our Province.

As with our operations, the organization's assets and investments continue to grow and I am pleased to report we ended the fiscal year with Assets totalling over \$164,000. Included in this, for clarification, is over \$59,000 which is internally restricted as the Go For Green Fund which, for the first time this year, appears on the Balance Sheet of Recreation Nova Scotia.

It has been my pleasure, for the past two years, to work with our very dedicated Board of Directors and with the outstanding staff team led by Dawn Stegen. Members should be confident that our association is in extremely capable hands.

Respectfully submitted,  
Myrtle G. Corkum  
Vice-President, Finance  
October 3, 2002

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**RECREATION NOVA SCOTIA**  
**STATEMENT OF REVENUE AND EXPENDITURES**

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year ended March 31, 2002	Total 2002	Total 2001
<b>Revenue</b>	<b>\$</b>	<b>\$</b>
Memberships	21,653	23,950
NSSRC Funding	117,103	92,103
Fundraising	23,967	20,833
Active Living Alliance Grant	7,500	10,000
Go For Green	4,000	4,000
Programs	12,761	5,164
High Five	22,568	
Interest Income	3,160	1,763
Other	5,588	1,310
	<u>218,300</u>	<u>159,123</u>
<b>Expenditures</b>		
Administration [page 5]	173,103	128,742
Programs, Committees and Conferences	44,337	32,892
	<u>217,440</u>	<u>161,634</u>
<b>Excess (deficiency) of revenues over expenses</b>	<b>860</b>	<b>(2,511)</b>
<b>Fund balances, beginning of year</b>	<b>45,236</b>	<b>47,747</b>
<b>Transfer In of Go For Green Fund</b>	<b>59,471</b>	
<b>Fund balances, end of year</b>	<u><b>105,567</b></u>	<u><b>45,236</b></u>

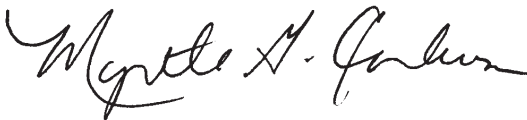
**Harnish Bruce Shupe**

**RECREATION NOVA SCOTIA  
BALANCE SHEET**

March 31, 2002	General Fund	Investment Fund	Go For Green Fund	James Bayer Fund	Total 2002	Total 2001
<b>ASSETS</b>	\$	\$	\$	\$	\$	\$
Cash and term deposits	190	33,803	59,471	686	94,150	39,054
Accounts receivable	48,526				48,526	43,636
Inventory	13,616				13,616	15,244
Prepaid expenses	8,021				8,021	1,751
	70,353	33,803	59,471	686	164,313	99,685
<b>Capital Assets [note 4]</b>	555				555	793
	70,908	33,803	59,471	686	164,868	100,478
<b>LIABILITIES</b>						
Accounts payable	33,666				33,666	55,242
Deferred Revenue	25,635				25,635	
	59,301				59,301	55,242
<b>FUND BALANCES</b>						
Invested in capital assets	555				555	793
Internally restricted		33,803	59,471	686	93,960	37,989
Unrestricted	11,052				11,052	6,454
	11,607	33,803	59,471	686	105,567	45,236
	70,908	33,803	59,471	686	164,868	100,478

Approved on behalf of the Board:

Directors

Harnish Bruce Shupe

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# Programs and Services

## 2001 – 2002 Fiscal Year Highlights

### Networking

- Had representation at several provincial and national conferences and meetings, including The Canadian Parks Recreation Association (CPRA) Conference, The Active Living Alliance for Canadians with a Disability (ALACD) meetings, Sport Action Group, The Union of Nova Scotia Municipalities conference, the RFANS conference, The National Coalition for Active Living meetings, Partners in Access Awareness Week, HRM Volunteer Conference, and The Sport Summit.
- Continued to improve and expand our relationship with many of our partners, including Community Links and The Volunteer Rural Initiative, universities and colleges, The Union of Nova Scotia Municipalities, Sport Nova Scotia and CPRA.
- Negotiated Contract Funding status with The Nova Scotia Sport and Recreation Commission.
- Hosted a meeting with The Provincial Recreation Organizations on sustainability in February 2002.
- Hosted the 1st meeting of the CPRA task force on Universal Play Space Design.
- Supported our partnership agreements with The Canadian Parks and Recreation Association, The Active Living Alliance for Canadians with a Disability and HIGH FIVE.
- Hosted a very successful Meet and Greet for members of the association in Bridgewater.
- Established the Student's Committee and organized a students retreat in September 2001 for 16 students representing UCCB, Dalhousie, Acadia and The NSCC – Truro Campus.
- Provided representation on The Provincial Physically Active Children and Youth Strategy Working Group, The Sport Action Group, The National Task Force on Children and Youth in Poverty, and The CPRA Awards Committee.

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## **Training and Education**

- Hosted a highly successful 2001 Conference and Trade Show, *Achieving Results Through Recreation* at The Inverary Inn, Baddeck.
- Trained 15 National Skills Volunteer Management Trainers. Conducted over 35 National Skills workshops throughout Nova Scotia.
- Coordinated 13 HIGH FIVE information sessions across the province, and signed the 1st HIGH FIVE Franchise Agreement in Canada. Hired a HIGH FIVE Coordinator to support the implementation phase.
- Offered two Universal Play Space Design Forums in Dartmouth and Baddeck.
- Began the development of a Strategic Planning Workshop in partnership with Chauvin Consulting and the planning of a the 2002 Spring Symposium in partnership with Acadia University and The NSSRC.
- Sent 15 youth from across Nova Scotia to the 1st Active Living Alliance for Canadians with a Disability National Youth Exchange.
- Coordinated the Partners in Access Awareness Week Provincial Forum.

## **Advocacy**

- Coordinated letter writing campaigns, met with decision makers, prepared backgrounds and informed the membership on issues such as The Volunteer Protection Act – Bill 98, Community Use of Schools, The National Sports Policy, The PACY Strategy, and Children and Youth in Poverty – the Market Basket Measure.

## **Resource Brokerage**

- Prepared the Accessible Opportunities in Nova Scotia Report in partnership with Dalhousie University.
- On behalf of The Go for Green fund committee distributed over \$10,000 of the Go for Green investment fund to community groups.
- Acquired a Moving To Inclusion Bag.
- Hosted the 3rd James Bayer Bursary Golf Tournament, and coordinated the 23rd Lucky Duck Lotto.

## **Awards and Recognition**

- Hosted the 27th Provincial Volunteer Award Ceremony and Luncheon, and the 4th Annual Recreation Nova Scotia Awards Ceremony.
- Developed the Recreation Nova Scotia Volunteer Recognition Program.

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# Thank You to our 2001 – 2002 Committee Volunteers

**Awards Committee:** Bob Suffron (Chair), Frances Hatcher, Frances Matheson, Lana McMullen, Blaire Blakeney, Mary Smith Marquis, Carrie Ramsay

**2002 Conference Committee:** Frank Grant and Ray Green (Co-chairs), Frank Grank and Emile Babin (Entertainment), Bob Powell(Program), Peter McCracken and Danille Amirault (Registration), Doug Brancombe (Recreauction), Norm Amirault (Tradeshow), Jeff Gushue (Audio Visual)

**4th Annual Golf Tournament Committee:** Carroll Randall and Bob Frank (Co-chairs), Blaise Landry, Scott O'Reilly, Bruce Mac Arthur, John Cotton

**HIGH FIVE Management Committee (Phase 1):** Debby Smith (Chair), Jeff Gushue, Sherri Parks, Eva Marks MacIssac, Cecil Hyland, Erin Sarsfield

**HIGH FIVE Management Committee (Phase 2):** Debby Smith (Chair), John Mac Lean, Max Chauvin, Ted Meldrum, Anne Cogdon, Sherri Parks

**Education and Training Committee:** Grace Taylor (Chair), Carol Pickings-Anthony, Max Chauvin, Marilyn Smith, Brenda Clarke, Michelle LeBlanc, Nila Ipson

**Accessibility Committee:** Janet Landry (Chair), Laughie Rutt, Paul D'Eon, Laureen Rehman, Barb Horner, Claudie Levy, Marion Currie, Bud Brown, Dave Molloy, Camille Vokey

**Older Adults Discussion Guide Committee:** Karen MacDonald-Slaunwhite, Denise Dreimanis, Jennifer Prowley, Doris Young

**Spring Symposium 2002 Planning Committee:** Carol Davis Jamieson, Brenda Robertson

**Nominations Committee:** John Mac Lean (Chair), Carol Pickings Anthony, Debby Smith

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**Resolutions Committee:** Norma Mac Lean (Chair), Sharon Martin, Joan McDonell, John MacLean

**Personnel Committee:** Rick Gilbert (Chair), Myrtle Corkum, Dianne Paquet

**Fair Play Representative:** Janet Landry

**Go For Green Representatives:** Norm Mac Lean, Carol Davis Jamieson

*Recreation Nova Scotia relies on the generosity and expertise of volunteers. Many individuals participate and contribute as members of advisory committees, working groups, focus groups, in the office and as champions throughout the province. Volunteers also help with the day to day tasks associated with a provincial organization. Recreation Nova Scotia is grateful to volunteers for their dedication and commitment.*

# Many thanks to all our sponsors and funding partners who generously supported Recreation Nova Scotia events and programs during 2001 – 2002

## April 2001 Provincial Volunteer Award Ceremony Signature Sponsors



## *2001 James Bayer Bursary Golf Tournament Banquet Sponsor*



### *Hole Sponsors*

Little Tikes

Twin Cities Promotional Products

Ron Stegen – Investment Advisor

Acadia University – School of Recreation Management and Kinesiology

Harnish Bruce Shupe, Chartered Accountants

Sport Nova Scotia

Nova Scotia Sport and Recreation Commission

3M Fair Play

Lunenburg Queens Recreation Association

Valley Recreation Coordinators/Directors Association

Recreation Nova Scotia

Dooley's

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Henderson Recreation Equipment Limited

Rodd Hotel and Resorts

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Yarmouth/Queens Recreation Association

## Conference 2001 Signature Sponsor



## 2002 Lucky Duck Lotto

Ken Mac Print  
Graphic Resources  
The Daily News

## Universal Play Space Design Workshops

Capital District Health Promotions Fund  
Nova Scotia Neurotrauma Society  
Partners in Access Awareness  
Ken Mac Print  
Halifax Region Municipality  
Nova Scotia Sport and Recreation Commission

## Government and other funding partners (2001 – 2002 fiscal year)



*Special thanks to*

**The Printer**

*for their support by producing the 2001-2002 Annual Report*

*Special thanks for the many companies, supporters and municipalities that contributed prizes to the 4th Annual Conference, Recreauction, 3rd Annual James Bayer Bursary Golf Tournament, Lucky Duck Lotto, and Volunteer Week Coloring Contest.*



HEALTHIER FUTURES *through* RECREATION

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